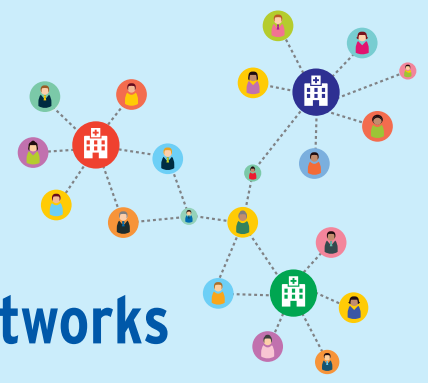


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Building Effective **Amyloidosis** Care Networks



Amyloidosis: Improving Recognition and Diagnosis

When to Suspect Amyloidosis¹

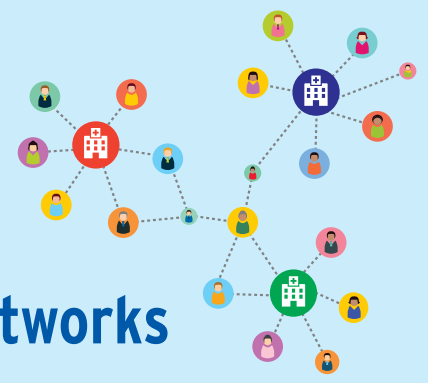
Amyloidosis is a multi-symptom illness but many symptoms can be non-specific, particularly early, therefore take a holistic approach.

The following are some symptoms that should alert providers to perform further evaluation:

- Infiltrative or restrictive cardiomyopathy
- Autonomic dysfunction
- Weight loss, dysphagia, and/or significant other GI issues
- Nephrotic proteinuria
- Peripheral neuropathy
- Hepatomegaly
- Bilateral carpal tunnel syndrome
- Spinal stenosis
- For monoclonal gammopathy of undetermined significance (MGUS) with any of the above, evaluate for amyloid light chain amyloidosis (AL)
- For heart failure in an older patient, evaluate for amyloid transthyretin (ATTR)

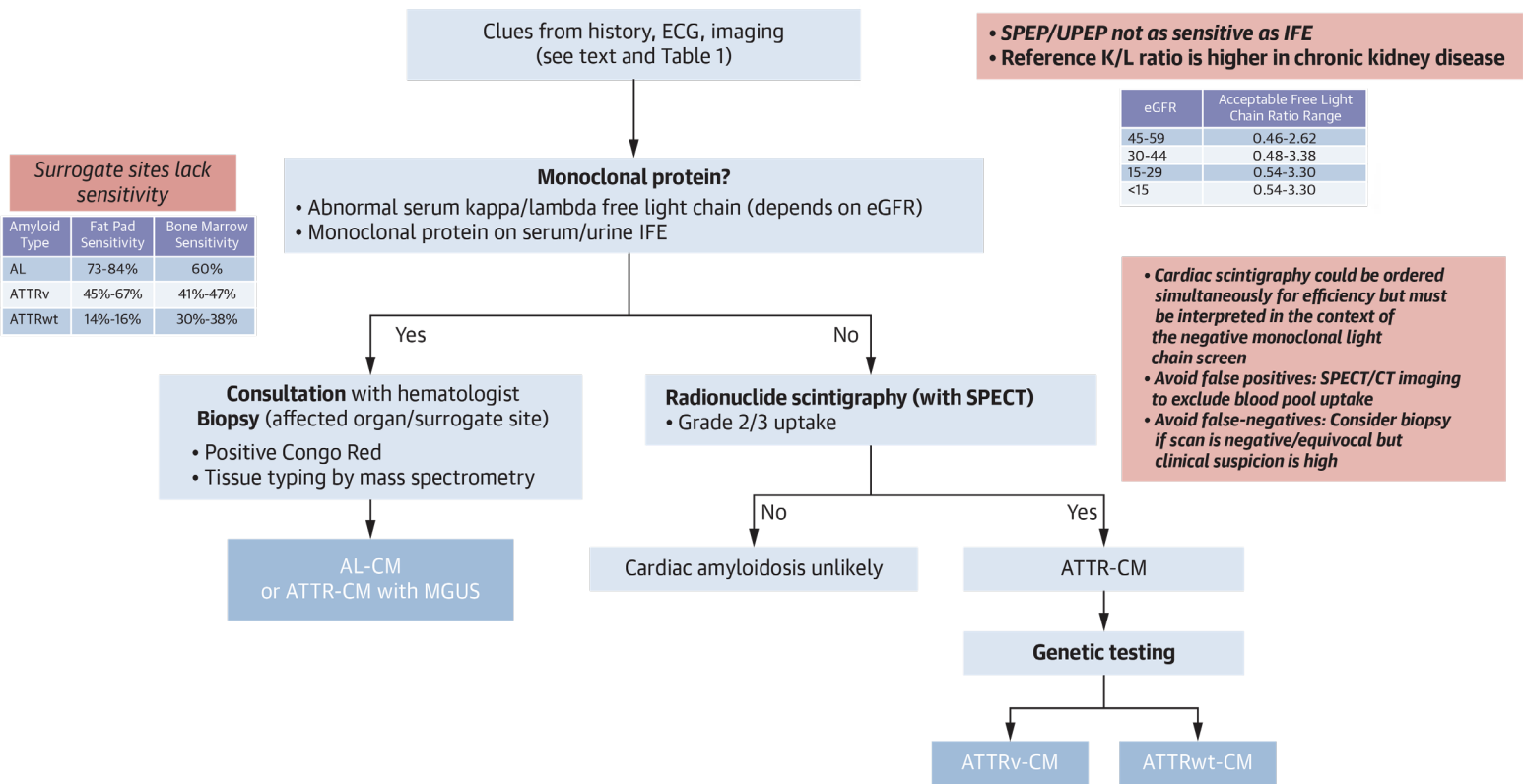
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Amyloidosis: Improving Recognition and Diagnosis

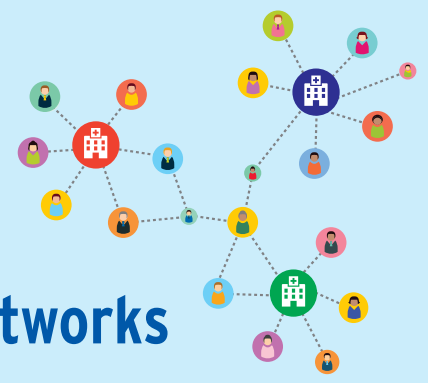
Diagnostic Algorithm for Cardiac Amyloidosis²



AL-CM, amyloid monoclonal immunoglobulin light chain cardiomyopathy; ATTR-CM, transthyretin amyloid cardiomyopathy; ATTRv-CM, variant transthyretin amyloid cardiomyopathy; ATTRwt-CM, wild-type transthyretin amyloid cardiomyopathy; CMR, cardiac magnetic resonance; CT, computed tomography; ECG, electrocardiogram; eGFR, estimated glomerular filtration rate; IFE, immunofixation electrophoresis; K/L, kappa/lambda; MGUS, monoclonal gammopathy of undetermined significance; SPECT, single-photon emission computed tomography; SPEP/UPEP, serum/urine protein electrophoresis

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Amyloidosis: Improving Recognition and Diagnosis

Addressing Barriers to Diagnosis and Care

- Screen more broadly to reduce the time to diagnosis
- Use EHR alerts and order sets to improve efficiency
- Educate clinicians, echocardiographers, and patients about cardiac amyloidosis
- Refer to a Gold Center if a diagnosis is in question or if a patient has more severe disease, requires additional support, or is eligible for clinical trial

Key Takeaways

- Amyloidosis is a multi-symptom illness and early signs may be non-specific, so be vigilant and take a holistic approach considering all symptoms and test results
- Many patients with cardiac amyloidosis may not have typical presentation—patients may have hypertension or may not have bilateral carpal tunnel syndrome
- AL amyloidosis may present at different stages and must be evaluated quickly
- Obtain AL labs for all patients with suspected cardiac amyloidosis
- When in doubt, refer or consult with Gold Center colleagues

References

1. Writing Committee, Kittleson MM, Ruberg FL, et al. [J Am Coll Cardiol. 2023;81\(11\):1076-1126.](#)
2. Writing Committee, Kittleson MM, Ambardekar AV, et al. [J Am Coll Cardiol. Published online October 31, 2025.](#)